

**ARE YOU AT
RISK FROM
FLU?**

STOP FLU



**BOOK YOUR FLU JAB NOW AND
STOP FLU BEFORE IT STOPS YOU.**

[NHS.UK/STOPFLU](https://www.nhs.uk/stopflu)



Some people are more at risk from flu. If that includes you, make sure you get your flu jab early.

You can get a free flu jab if:

- you're pregnant
 - you're aged 65 or over
 - you look after someone who is older or disabled
 - you have certain medical conditions.
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**TO FIND OUT MORE, GO TO
NHS.UK/STOPFLU**